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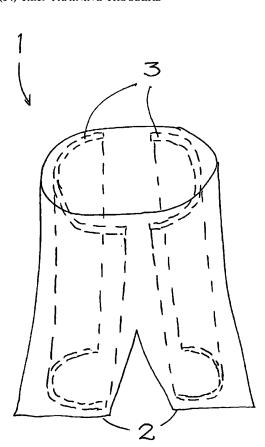
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(54) Title: TRAINING TROUSERS



(57) Abstract: The invention relates to training trousers, for use particularly in training improving muscular condition, to increase the stress of the training and including additional weights. The additional weights are attached to the trousers (1), essentially in the form of sheet-like parts (3) that conform to the shape of the wearer's body and the sheet-like additional weights (3) are located on both sides. The additional weights (3) are formed of a relatively heavy rubber or plastic-based sheet material.



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